

CERTIFICATE OF PARTICIPATION

This is to certify that

Frans Vermaak

Has successfully participated & completed the

5km Cowhouse Winter Trail Run 2018

held at Cowhouse Market.

TIME 00:32:00

PACE 06:24/km

OVERALL 21 of 105

GENDER 11 of 46

OPEN 8 of 19

28 July 2018, Sat

Date



BoutTime

Signature

